

English

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements

Discrimination is Against the Law

_____ complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

[Name of covered entity _____] does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. _____:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

- Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact [Name of Civil Rights Coordinator _____]

If you believe that _____ has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____],

[Telephone number _____], [TTY number _____],
[Fax _____], [Email _____]. You can file a
grievance in person or by mail, fax, or email. If you need help filing a grievance, [Name and
Title of Civil Rights Coordinator _____] is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human
Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint
Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ةيبرعلا (Arabic)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements

and Sample Nondiscrimination Statement:

Discrimination is Against the Law

يلتزم [Name of covered entity_____] بقوانين الحقوق المدنية الفدرالية المعمول بها

ولا يميز على أساس العرق أو اللون أو الأصل الوطني أو السن أو الإعاقة أو نوع الجنس. لا يستبعد

[Name of covered entity_____] الأشخاص أو يعاملهم على نحو مختلف بسبب النوع أو اللون

أو الأصل الوطني أو السن أو الإعاقة أو نوع الجنس.

[Name of covered entity_____]:

• يوفر مساعدات وخدمات مجانية للأشخاص من ذوي الإعاقات للتواصل بصورة فعالة معنا، مثل:

○ مترجمي لغة إشارة مؤهلين

○ معلومات كتابية بتنسيقات أخرى (مطبوعة بأحرف كبيرة، مواد صوتية، تنسيقات إلكترونية متيسرة،

وغير ذلك من التنسيقات)

• يوفر خدمات لغوية مجانية للأشخاص الذين لغتهم الأساسية ليست الإنجليزية، مثل:

○ مترجمين مؤهلين

○ معلومات مكتوبة بلغات أخرى

إذا كنت بحاجة لهذه الخدمات، اتصل بـ [Name of Civil Rights Coordinator_____]

إذا كنت تعتقد أن [Name of covered entity_____] قد أخفق في توفير تلك الخدمات أو

ميز بطريقة أخرى على أساس العرق أو اللون أو الأصل الوطني أو السن أو الإعاقة أو الجنس، يمكن أن تتقدم بشكوى إلى:

[Name and Title of Civil Rights Coordinator_____]، [Mailing _____]

[Telephone number_____]، [Address_____]

[TTY number TTY number—if covered entity has one_____]

[Fax_____]، [Email_____]. يمكن أن تتقدم بشكوى شخصياً أو بالبريد أو

بالفاكس أو البريد الإلكتروني. إذا كنت بحاجة للمساعدة في التقدم بشكوى، فإن [Name of Civil Rights]

[Coordinator] متاح لمساعدتك.

يمكن أيضًا أن تتقدم بشكوى إلكترونيًا لوزارة (وزارة) Department of Health and Human Services

الخدمات الصحية والبشرية) ، مكتب Office for Civil Rights (مكتب الحقوق المدنية)، من خلال مكتب Office for

Civil Rights Complaint Portal، المتوفر على الرابط <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> أو

بالبريد أو الهاتف على:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-863-1019, 800-537-7697 (رقم هاتف الصم والبكم)

تتوافر نماذج الشكاوى على الرابط <http://www.hhs.gov/ocr/office/file/index.html>.

繁體中文 (Chinese)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[_____]

遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。

[_____ Name of covered entity]

不因種族、膚色、民族血統、年齡、殘障或性別而排斥任何人或以不同的方式對待他們。

[_____ Name of covered entity] :

- 向殘障人士免費提供各種援助和服務，以幫助他們與我們進行有效溝通，如：
 - 合格的手語翻譯員
 - 以其他格式提供的書面資訊（大號字體、音訊、無障礙電子格式、其他格式）
- 向母語非英語的人員免費提供各種語言服務，如：
 - 合格的翻譯員
 - 以其他語言書寫的資訊

如果您需要此類服務，請聯絡 [Name of Civil Rights Coordinator

_____]

如果您認為 _____]

未能提供此類服務或者因種族、膚色、民族血統、年齡、殘障或性別而透過其他方式歧視您，您

可以向 [Name and Title of Civil Rights Coordinator _____]

提交投訴，郵寄地址為 [Mailing Address _____]，電話號碼為

[Telephone number _____]、TTY（聽障專線）號碼為

[TTY number—if covered entity has one _____]，傳真為 [Fax
_____]，電子信箱為 [Email
_____]。您可以親自提交投訴，或者以郵寄、傳真或電郵
的方式提交投訴。如果您在提交投訴方面需要幫助，[Name and Title of Civil Rights Coordinator
_____] 可以幫助您。

您還可以向 U.S. Department of Health and Human Services（美國衛生及公共服務部）的
Office for Civil Rights（民權辦公室）提交民權投訴，透過 Office for Civil Rights Complaint Portal
以電子方式投訴：<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>，或者透過郵寄或電話的方式投訴：

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C.20201

1-800-368-1019，800-537-7697 (TDD)（聾人用電信設備）

登入 <http://www.hhs.gov/ocr/office/file/index.html> 可獲得投訴表格。

Tagalog (Tagalog – Filipino)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

Sumusunod ang [Name of covered entity _____] sa mga naaangkop na Pampederal na batas sa karapatang sibil at hindi nandiskrimina batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan o kasarian. Ang [Name of covered entity _____] ay hindi nagtatangi ng mga tao o hindi nagpapakita ng ibang pakikitungo dahil sa lahi, kulay, bansang pinagmulan, edad, kapansanan o kasarian.

Ang [Name of covered entity _____] ay:

- Nagbibigay ng mga libheng tulong at serbisyo sa mga taong may kapansanan upang mahusay silang makipag-ugnayan sa amin, gaya ng:
 - Mga kwalipikadong interpreter ng sign language
 - Nakasulat na impormasyon sa iba pang mga format (malaking print, audio, mga naa-access na electronic na format, iba pang mga format)
- Nagbibigay ng mga libheng serbisyo sa wika sa mga taong hindi Ingles ang pangunahing wika, gaya ng:
 - Mga kwalipikadong interpreter
 - Impormasyong nakasulat sa iba pang mga wika

Kung kailangan mo ang mga serbisyong ito, makipag-ugnayan kay [Name of Civil Rights Coordinator _____]

Kung naniniwala kang hindi naibigay ng [Name of covered entity _____] ang mga serbisyong ito o nandiskrimina ito sa ibang paraan batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan o kasarian, maaari kang maghain ng karaingan sa: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number—if covered entity has one _____],

[Fax_____], [Email_____]. Maaari kang maghain ng karaingan nang personal o sa pamamagitan ng koreo, fax o email. Kung kailangan mo ng tulong sa paghahain ng karaingan, narito si [Name and Title of Civil Rights Coordinator_____] upang tulungan ka.

Maaari ka ring maghain ng reklamo sa mga karapatang sibil sa U.S. Department of Health and Human Services (Kagawaran ng Mga Serbisyong Pangkalusugan at Pantao ng U.S.), Office for Civil Rights (Tanggapan para sa Mga Karapatang Sibil), sa electronic na paraan sa Office for Civil Rights Complaint Portal, na makikita sa <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, o sa pamamagitan ng koreo o telepono sa:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Ang mga form ng reklamo ay makukuha sa <http://www.hhs.gov/ocr/office/file/index.html>.

Français (French)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____] respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap. [Name of covered entity _____] n'exclut et ne traite aucune personne différemment en raison de sa race, sa couleur de peau, son origine nationale, son âge, son sexe ou son handicap.

[Name of covered entity _____]:

• Fournit gratuitement des aides et services aux personnes handicapées afin de permettre une communication efficace avec nous, par exemple :

- Interprètes qualifiés en langue des signes
- Informations écrites dans d'autres formats (gros caractères, audio, formats électroniques accessibles, autres formats)

• Fournit gratuitement des services linguistiques aux personnes dont la langue principale n'est pas l'anglais, par exemple :

- Interprètes qualifiés
- Informations écrites dans d'autres langues

Si vous avez besoin de ces services, contactez [Name of Civil Rights Coordinator _____]

Si vous pensez que [Name of covered entity _____] n'a pas fourni ces services ou a fait preuve d'une autre forme de discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou le handicap, vous pouvez déposer une réclamation auprès de : [Name and Title of Civil Rights Coordinator _____],

[Mailing Address _____], [Telephone number _____],
[TTY number—if covered entity has one _____], [Fax _____],
[Email _____]. Vous pouvez déposer une réclamation en personne ou par
courrier, télécopie ou e-mail. Si vous avez besoin d'aide pour déposer une réclamation, [Name and Title
of Civil Rights Coordinator _____] se tient à votre disposition pour vous y aider.

Vous pouvez également déposer une réclamation concernant vos droits civiques auprès de l'U.S.
Department of Health and Human Services (Département de la Santé et des Services Sociaux des États-
Unis), Office for Civil Rights (Bureau des Droits Civiques), par voie électronique via l'Office for Civil
Rights Complaint Portal, disponible à l'adresse <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, par courrier
ou par téléphone à :

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Des formulaires de réclamation sont disponibles à l'adresse <http://www.hhs.gov/ocr/office/file/index.html>.

Deutsch (German)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____] erfüllt geltenden bundesstaatliche Menschenrechtsgesetze und lehnt jegliche Diskriminierung aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab. [Name of covered entity _____] lehnt den Ausschluss oder die unterschiedliche Behandlung von Menschen aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab.

[Name of covered entity _____]:

- Bietet kostenlose Hilfe und Dienstleistungen für Menschen mit Behinderung zur effektiven Kommunikation, wie z. B.:

- Qualifizierte Gebärdensprachen-Dolmetscher
- Schriftliche Informationen in anderen Formaten (große Ausdrücke, Audio, zugängliche elektronische Formate, sonstige Formate)

- Bietet kostenlose Sprachdienste für Menschen, deren Hauptsprache nicht Englisch ist, wie z. B.:

- Qualifizierte Dolmetscher
- Schriftliche Informationen in anderen Sprachen

Sollten Sie diese Dienstleistungen benötigen, so wenden Sie sich an [Name of Civil Rights Coordinator _____]

Sollten Sie der Ansicht sein, dass [Name of covered entity _____] es versäumte, diese Dienstleistungen anzubieten, oder auf sonstige Weise aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht diskriminierte, so können Sie eine Beschwerde einreichen bei: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number—if covered entity has one _____], [Fax _____],

[Email _____]. Sie können eine Beschwerde persönlich oder per Post, Fax oder E-Mail einreichen. Sollten Sie Hilfe beim Einreichen einer Beschwerde benötigen, so steht Ihnen [Name and Title of Civil Rights Coordinator _____] gerne zur Verfügung.

Sie können ebenfalls eine Menschenrechtsbeschwerde einreichen bei: Department of Health and Human Services (U.S.-Gesundheitsministerium), Office for Civil Rights (Amt für Bürgerrechte), elektronisch über das Office for Civil Rights Complaint Portal, zugänglich über <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, oder per Post oder telefonisch an:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Beschwerdeformulare sind verfügbar unter <http://www.hhs.gov/ocr/office/file/index.html>.

λληνικά (Greek)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Nondiscrimination Statement:

Discrimination is Against the Law

Η [Name of covered entity _____] συμμορφώνεται με τους ισχύοντες ομοσπονδιακούς νόμους για τα ατομικά δικαιώματα και δεν προβαίνει σε διακρίσεις με βάση τη φυλή, το χρώμα, την εθνική καταγωγή, την ηλικία, την αναπηρία ή το φύλο. Η [Name of covered entity _____] δεν αποκλείει άτομα ή τα μεταχειρίζεται διαφορετικά εξαιτίας της φυλής, του χρώματος, της εθνικής καταγωγής, της ηλικίας, της αναπηρίας ή του φύλου τους.

Η [Name of covered entity _____]:

- Παρέχει δωρεάν βοήθημα και υπηρεσίες στα άτομα με αναπηρία για να επικοινωνούν αποτελεσματικά μαζί μας, όπως:

- Ειδικευμένους διερμηνείς νοηματικής γλώσσας
- Γραπτές πληροφορίες σε διαφορετική μορφή (μεγάλα τυπογραφικά στοιχεία, ηχητικό υλικό, προσβάσιμη ηλεκτρονική μορφή, άλλες μορφές)

- Παρέχει δωρεάν γλωσσικές υπηρεσίες σε άτομα των οποίων η κύρια γλώσσα δεν είναι τα αγγλικά, όπως:

- Ειδικευμένους διερμηνείς
- Πληροφορίες γραμμένες σε άλλες γλώσσες

Αν χρειάζεστε αυτές τις υπηρεσίες, επικοινωνήστε με τον αρμόδιο [Name of Civil Rights Coordinator _____]

Αν πιστεύετε ότι η [Name of covered entity _____] δεν κατάφερε να σας παράσχει αυτές τις υπηρεσίες ή προέβη σε διακρίσεις με οποιονδήποτε τρόπο με βάση τη φυλή, το χρώμα, την εθνική καταγωγή, την ηλικία, την αναπηρία ή το φύλο μπορείτε να υποβάλετε την καταγγελία σας στον αρμόδιο: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____],

[TTY number—if covered entity has one _____], [Fax _____],
[Email _____]. Μπορείτε να υποβάλετε την καταγγελία σας αυτοπροσώπως ή μέσω ταχυδρομικής επιστολής, φαξ ή ηλεκτρονικού ταχυδρομείου. Αν χρειάζεστε βοήθεια με την υποβολή της καταγγελίας, ο αρμόδιος [Name and Title of Civil Rights Coordinator _____] βρίσκεται στη διάθεσή σας.

Μπορείτε επίσης να υποβάλετε καταγγελία περί παραβίασης των ατομικών δικαιωμάτων στο Office for Civil Rights (Γραφείο Ατομικών Δικαιωμάτων) του U.S. Department of Health and Human Services (Αμερικανική Υπηρεσία Υγείας και Κοινωνικών Υπηρεσιών), ηλεκτρονικά μέσω του Office for Civil Rights Complaint Portal στο <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> ή μέσω ταχυδρομικής επιστολής ή τηλεφωνικά στο:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-868-1019, 800-537-7697 (TDD)

Τα έντυπα καταγγελιών είναι διαθέσιμα στο <http://www.hhs.gov/ocr/office/file/index.html>.

ગુજરાતી (Gujarati)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and Nondiscrimination Statement: Discrimination is Against the Law

[Name of covered entity _____] સમવાયી નાગરિક અધિકાર કાયદા સાથે સુસંગત છે અને જાતિ, રંગ, રાષ્ટ્રીય મૂળ, ઉંમર, અશક્તતા અથવા લિંગના આધારે ભેદભાવ રાખવામાં આવતો નથી. [Name of covered entity _____] જાતિ, રંગ, રાષ્ટ્રીય મૂળ, ઉંમર, અશક્તતા, અથવા લૈંગિક કારણે લોકો બાકાત નથી અથવા તેમની સાથે અલગ વર્તન કરવામાં આવતું નથી.

[Name of covered entity _____]:

• અમારી સાથે અસરકારક રીતે સંદેશાવ્યવહાર કરવામાં અક્ષમ જેવા કે અશક્ત લોકો માટે નીચે પ્રમાણેની મફત સહાય અને સેવાઓ પૂરી પાડવામાં આવે છે:

- લાયકાત ધરાવતા સાંકેતિક ભાષાના દુભાષિયા
- અન્ય ફોર્મેટમાં લખાયેલ માહિતી (મોટી પ્રિન્ટ, ઓડિયો, સુલભ ઇલેક્ટ્રોનિક ફોર્મેટ, અન્ય ફોર્મેટ)

• જેની પ્રાથમિક ભાષા અંગ્રેજી ન હોય તેવા લોકોને નીચે પ્રમાણેની મફત ભાષા સેવાઓ પૂરી પાડવામાં આવે છે:

- લાયકાત ધરાવતા દુભાષિયા
- અન્ય ભાષાઓમાં લખવામાં આવેલી માહિતી

તમારે આ સેવાઓની જરૂર હોય તો, સંપર્ક કરો [Name and Title of Civil Rights

Coordinator _____]

જો તમે માનતા હો કે આ સેવાઓ પૂરી પાડવા માટે [Name of covered entity _____] નિષ્ફળ ગયા છે અથવા જાતિ, રંગ, રાષ્ટ્રીય મૂળ, ઉંમર, અશક્તતા અથવા લિંગના આધારે અથવા અન્ય પ્રકારે ભેદભાવ રાખે છે, તો તમે [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number—if covered entity has one _____], [Fax _____],

[Email _____] સમક્ષ ફરિયાદ દાખલ કરી શકો છો. તમે ફરિયાદ રૂબરૂમાં અથવા મેઇલ, ફેક્સ, અથવા ઇમેઇલ દ્વારા દાખલ કરી શકો છો. તમને ફરિયાદ દાખલ કરવામાં મદદ જોઈતી હોય તો [Name and Title of Civil Rights Coordinator _____] તમને મદદ કરવા માટે ઉપલબ્ધ છે.

તમે the U.S. Department of Health and Human Services (ધી યુ. એસ. ડીપાર્ટમેન્ટ ઓફ હેલ્થ એન્ડ હ્યુમન સર્વીસિસ), Office for Civil Rights (ઓફીસ ફોર સિવિલ રાઇટ્સ)ને પણ <https://ocrportal.hhs.gov/ocr/portal/lobb.jsf> પર ઉપલબ્ધ Office for Civil Rights Complaint Portal, મારફતે વિજાણુ રીતે અથવા નીચેના સરનામે મેઇલ કે ફોન કરી ફરિયાદ નોંધાવી શકો છો

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-868-1019, 800-537-7697 (TDD)

ફરિયાદનું ફોર્મ અહીં ઉપલબ્ધ છે <http://www.hhs.gov/ocr/office/file/index.html>.

हिंदी (Hindi)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____] लागू होने योग्य संघीय नागरिक अधिकार क़ानून का पालन करता है और जाति, रंग, राष्ट्रीय मूल, आयु, विकलांगता, या लिंग के आधार पर भेदभाव नहीं करता है।

[Name of covered entity _____] जाति, रंग, राष्ट्रीय मूल, आयु, विकलांगता, या लिंग के आधार पर लोगों को बाहर या उनके साथ अलग तरह का बर्ताव नहीं करता है।

[Name of covered entity _____]:

• विकलांग लोगों को हमारे साथ प्रभावशाली ढंग से संवाद करने के लिए निःशुल्क सहायता और सेवाएं प्रदान करता है, जैसे:

- योग्यताप्राप्त सांकेतिक भाषा दुभाषिया
- अन्य फॉर्मेट (बड़े प्रिंट, ऑडियो, सुलभ इलेक्ट्रॉनिक फॉर्मेट, अन्य फॉर्मेट) में लिखित जानकारी
- जिन लोगों की प्राथमिक भाषा अंग्रेज़ी नहीं है उन लोगों को निःशुल्क भाषा सेवाएं प्रदान करता है, जैसे:
 - योग्यताप्राप्त दुभाषिया
 - अन्य भाषाओं में लिखित जानकारी

यदि आपको इन सेवाओं की आवश्यकता है तो [Name of Civil Rights Coordinator _____] से संपर्क करें यदि आपको विश्वास है कि [Name of covered entity _____]

ये सेवाएं प्रदान करने में विफल रहा है या जाति, रंग, राष्ट्रीय मूल, आयु, विकलांगता, या लिंग के आधार पर किसी तरह से कोई भेदभाव किया है तो आप निम्नलिखित के पास शिकायत दर्ज करा सकते हैं: [Name and Title of Civil Rights

Coordinator _____], [Mailing Address _____],

[Telephone number _____], [TTY number—if covered entity has one

_____], [Fax _____], [Email _____]. आप स्वयं

जाकर या डाक, फैक्स, या ईमेल द्वारा भी शिकायत दर्ज करा सकते हैं। यदि आपको शिकायत दर्ज कराने में सहायता की आवश्यकता है तो [Name and Title of Civil Rights Coordinator _____] आपकी सहायता के लिए उपलब्ध है।

आप <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> पर उपलब्ध, Office for Civil Rights Complaint Portal के माध्यम से इलेक्ट्रॉनिक तरीके से, या डाक या फोन द्वारा भी U.S. Department of Health and Human Services (यू.एस. डिपार्टमेंट ऑफ़ हेल्थ एण्ड ह्यूमन सर्विसेज़), Office for Civil Rights (ऑफिस फॉर सिविल राइट्स) के पास भी एक नागरिक अधिकार शिकायत दर्ज करा सकते हैं:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-868-1019, 800-537-7697 (TDD)

शिकायत फॉर्म <http://www.hhs.gov/ocr/office/file/index.html> पर उपलब्ध हैं।

Italiano (Italian)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____] è conforme a tutte le leggi federali vigenti in materia di diritti civili e non pone in essere discriminazioni sulla base di razza, colore, origine nazionale, età, disabilità o sesso. [Name of covered entity _____] non esclude le persone o le tratta diversamente a causa di razza, colore, origine nazionale, età, disabilità o sesso.

[Name of covered entity _____]:

• Offre sostegni e servizi gratuiti alle persone affette da disabilità per comunicare con noi in modo efficace, quali:

- Interpreti qualificati nella lingua dei segni
- Informazioni scritte in altri formati (stampe a grandi caratteri, audio, formati elettronici accessibili, altri formati)

• Offre servizi linguistici gratuiti alle persone la cui lingua primaria non è l'inglese, quali:

- Interpreti qualificati
- Informazioni scritte in altre lingue

In caso si necessiti di tali servizi, contattare [Name of Civil Rights Coordinator]

In caso si ritenga che [Name of covered entity _____] non abbia offerto tali servizi o abbia posto in essere discriminazioni in altri modi sulla base di razza, colore, origine nazionale, età, disabilità o sesso, è possibile presentare una vertenza a: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number—if covered entity has one _____], [Fax _____], [Email _____].

È possibile presentare una vertenza di persona o a mezzo posta, fax oppure e-mail. In caso si necessiti di

aiuto per la presentazione della vertenza, [Name and Title of Civil Rights Coordinator
_____] è disponibile a fornire assistenza.

È altresì possibile presentare un reclamo per i diritti civili allo U.S. Department of Health and Human Services (Dipartimento statunitense per la salute e i servizi umani), Office for Civil Rights (Ufficio per i diritti civili), elettronicamente mediante il Office for Civil Rights Complaint Portal, disponibile all'indirizzo <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, oppure a mezzo posta o telefono all'attenzione di:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

I moduli di reclamo sono disponibili all'indirizzo <http://www.hhs.gov/ocr/office/file/index.html>.

한국어 (Korean)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____]은(는) 관련 연방 공민권법을 준수하며 인종, 피부색, 출신 국가, 연령, 장애 또는 성별을 이유로 차별하지 않습니다. [Name of covered entity]은(는) 인종, 피부색, 출신 국가, 연령, 장애 또는 성별을 이유로 누군가를 배제하거나 다른 방식으로 대우하지 않습니다.

[Name of covered entity _____]:

- 장애인들이 저희와 효과적으로 의사소통할 수 있도록 다음과 같은 무료 지원과 서비스를 제공합니다.

- 자격있는 수화 통역자
- 다른 형식의 서면 정보(큰 활자, 음성, 사용 가능한 전자 형식, 기타 형식)

- 주로 사용하는 언어가 영어가 아닌 이들에게는 다음과 같은 무료 언어 서비스를 제공합니다.

- 자격있는 통역자
- 다른 언어로 작성된 서면 정보

이러한 서비스가 필요하시면 [Name of Civil Rights Coordinator _____]에 연락하십시오.

[Name of covered entity _____]이(가) 인종, 피부색, 출신 국가, 연령, 장애 또는 성별을 이유로 이러한 서비스를 제공하지 않거나 다른 방식으로 차별했다고 생각하시는 경우 [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____],

[TTY number—if covered entity has one _____], [Fax _____],
[Email _____](으)로 연락하여 불만을 제기하실 수 있습니다.
직접 방문하거나 우편, 팩스 또는 이메일로 불만을 제기하실 수 있습니다. 불만 제기와
관련하여 도움이 필요하시면, [Name and Title of Civil Rights Coordinator
_____](으)로부터 지원을 받으실 수 있습니다.

또한 공민권 민원을 미국 Department of Health and Human Services(보건복지부), Office for
Civil Rights(시민권 사무국)에 <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>에 있는 시민권 사무국
민원 포털을 통해 전자 방식으로 제출하거나 우편이나 전화로 제출할 수 있습니다. 주소 및
연락처는 다음과 같습니다.

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민원 양식은 <http://www.hhs.gov/ocr/office/file/index.html>에 있습니다.

Polski (Polish)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____] postępuje zgodnie z obowiązującymi federalnymi prawami obywatelskimi i nie dopuszcza się dyskryminacji ze względu na rasę, kolor skóry, pochodzenie, wiek, niepełnosprawność bądź płeć. [Name of covered entity _____] nie wyklucza żadnych osób i nie stosuje różnego traktowania ze względu na rasę, kolor skóry, pochodzenie, wiek, niepełnosprawność bądź płeć.

[Name of covered entity _____]:

- Zapewnia bezpłatną pomoc i usługi osobom niepełnosprawnym w celu umożliwienia skutecznej komunikacji, na przykład:

- Wykwalifikowanych tłumaczy języka migowego
- Informacje na piśmie w różnych formatach (duży druk, audio, dostępne formaty elektroniczne, inne formaty)

- Zapewnia bezpłatne usługi językowe dla osób, dla których angielski nie jest pierwszym językiem, na przykład:

- Wykwalifikowanych tłumaczy
- Informacje na piśmie w innych językach

Jeżeli chcesz skorzystać z tych usług, skontaktuj się z [Name of Civil Rights Coordinator _____]

Jeżeli uważasz, że [Name of covered entity _____] nie świadczy tych usług lub w inny sposób dopuszcza się dyskryminacji ze względu na rasę, koloru skóry, pochodzenie, wiek, niepełnosprawność bądź płeć, możesz złożyć skargę do: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number—if covered entity has

one _____], [Fax _____], [Email _____].

Skargę można złożyć osobiście, za pośrednictwem poczty tradycyjnej, elektronicznej lub faksu. Jeżeli potrzebujesz pomocy w złożeniu skargi, [Name and Title of Civil Rights Coordinator _____] może w tym pomóc.

Skargę obywatelską można również złożyć w U.S. Department of Health and Human Services (Departamentu Zdrowia i Opieki Społecznej Stanów Zjednoczonych), Office for Civil Rights (Biuro Praw Obywatelskich), drogą elektroniczną za pośrednictwem Office for Civil Rights Complaint Portal na stronie <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, pocztą tradycyjną lub dzwoniąc pod numer telefonu:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Formularze skarg są dostępne na stronie <http://www.hhs.gov/ocr/office/file/index.html>.

Русский (Russian)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____] соблюдает применимое федеральное законодательство в области гражданских прав и не допускает дискриминации по признакам расы, цвета кожи, национальной принадлежности, возраста, инвалидности или пола. [Name of covered entity _____] не исключает людей и не относится к ним по-разному из-за расы, цвета кожи, национальной принадлежности, возраста, инвалидности или пола.

[Name of covered entity _____]:

• Для эффективного взаимодействия предоставляет безвозмездную помощь и оказывает услуги людям с ограниченными возможностями, а именно:

- услуги квалифицированных сурдопереводчиков;
- письменную информацию в других форматах (крупный шрифт, аудио формат, доступные электронные форматы, прочие форматы).

• Предоставляет бесплатные услуги перевода людям, для которых английский не является основным языком, а именно:

- услуги квалифицированных переводчиков;
- письменную информацию на других языках.

Если вы нуждаетесь в таких услугах, обратитесь к [Name of Civil Rights Coordinator _____]

Если вы считаете, что в [Name of covered entity _____] вам не предоставили указанных услуг или иным образом дискриминировали вас по признакам расы, цвета кожи, национальной принадлежности, возраста, инвалидности или пола, вы можете подать жалобу: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____],

[TTY number—if covered entity has one _____, Fax _____],

[Email _____]. Вы можете подать жалобу лично или отправить по

почте, факсу или электронной почте. Если вам нужна помощь в подаче жалобы, вам поможет

[Name and Title of Civil Rights Coordinator _____].

Вы также можете подать жалобу о нарушении гражданских прав в U.S. Department of Health and Human Services (Министерство здравоохранения и социальных служб США), Office for Civil Rights (Управление по гражданским правам), в электронном виде через Office for Civil Rights Complaint Portal, доступный по ссылке: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, по почте или по телефону:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201 (США)

1-800-368-1019, 800-537-7697 (TDD)

Бланки жалобы доступны по адресу: <http://www.hhs.gov/ocr/office/file/index.html>.

Español (Spanish)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[_____] cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. [Name of covered entity] no excluye a las personas ni las trata de forma diferente debido a su origen étnico, color, nacionalidad, edad, discapacidad o sexo.

[_____]:

- Proporciona asistencia y servicios gratuitos a las personas con discapacidades para que se comuniquen de manera eficaz con nosotros, como los siguientes:

- Intérpretes de lenguaje de señas capacitados.
- Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles, otros formatos).

- Proporciona servicios lingüísticos gratuitos a personas cuya lengua materna no es el inglés, como los siguientes:

- Intérpretes capacitados.
- Información escrita en otros idiomas.

Si necesita recibir estos servicios, comuníquese con [Name of Civil Rights Coordinator _____].

Si considera que [_____] no le proporcionó estos servicios o lo discriminó de otra manera por motivos de origen étnico, color, nacionalidad, edad, discapacidad o sexo, puede presentar un reclamo a la siguiente persona: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number: _____], [Fax _____], [Email _____]. Puede presentar el reclamo en

persona o por correo postal, fax o correo electrónico. Si necesita ayuda para hacerlo, [Name and Title of Civil Rights Coordinator] está a su disposición para brindársela.

También puede presentar un reclamo de derechos civiles ante la Office for Civil Rights (Oficina de Derechos Civiles) del Department of Health and Human Services (Departamento de Salud y Servicios Humanos) de EE. UU. de manera electrónica a través de Office for Civil Rights Complaint Portal, disponible en <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, o bien, por correo postal a la siguiente dirección o por teléfono a los números que figuran a continuación:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Puede obtener los formularios de reclamo en el sitio web <http://www.hhs.gov/ocr/office/file/index.html>.

(Urdu) ڈو

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements

and Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity] قابل اطلاق وفاقی شہری حقوق کے قوانین کی تعمیل کرتا ہے اور یہ کہ نسل، رنگ، قومیت، عمر، معذوری یا جنس کی بنیاد پر امتیاز نہیں کرتا [Name of covered entity] نسل، رنگ، قومیت، عمر، معذوری یا جنس پر لوگوں کی ممانعت نہیں کرتا اور نہ ہی ان کے باعث ان کے ساتھ مختلف برتاؤ کرتا ہے۔

:[Name of covered entity _____]

- معذور افراد کے ہمارے ساتھ موثر ابلاغ کے لیے مفت میں مدد اور خدمات فراہم کرتا ہے، مثلاً:
 - اہل اشاروں کی زبان کے ترجمان
 - دیگر صورتوں میں تحریری معلومات (بڑے پرنٹس، صوتی، قابل رسائی برقی تراٹیب، دیگر تراٹیب)
- وہ لوگ جن کی اولین زبان انگریزی نہیں ہے ان کو مفت زبان کی خدمات فراہم کرتا ہے، مثلاً
 - اہل ترجمان
 - دیگر زبانوں میں تحریر کردہ معلومات

اگر آپ کو ان خدمات کی ضرورت ہو تو رابطہ کریں [Name of Civil Rights Coordinator _____]

اگر آپ سمجھے/سمجھتی ہیں کہ [Name of covered entity _____] ان خدمات کی فراہمی میں ناکام رہا ہے یا وہ نسل، رنگ، قومیت، عمر، معذوری یا جنس یا کسی دوسری صورت میں امتیاز کرتا ہے تو آپ ان رابطوں پر شکایت درج کروا سکتے ہیں: [Name of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number—if covered entity has one _____], [Fax _____], [Email _____]. آپ اپنی شکایت رُوپرو یا ڈاک، فیکس یا ای میل کے ذریعے کروا سکتے ہیں۔ اگر آپ کو شکایت کروانے میں مدد درکار ہو تو [Name of Civil Rights Coordinator _____]

آپ کی مدد کے لیے دستیاب ہے۔

آپ شہری حقوق کی شکایات U.S. Department of Health and Human Services (ریاستہائے متحدہ امریکہ کے محکمہ صحت اور انسانی حقوق کی خدمات)، Office for Civil Rights (شہری حقوق کے دفتر)، Office for Civil کے دستیاب پر <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> کے ذریعے برقی طور پر یا ای میل یا ٹیلی فون پر بھی درج کروا سکتے/سکتی ہیں :

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-868-1019, 800-537-7697 (TDD)

شکایت کے فارم یہاں پر دستیاب ہیں

[-http://www.hhs.gov/ocr/office/file/index.html](http://www.hhs.gov/ocr/office/file/index.html)

Tiếng Việt (Vietnamese)

Notice Informing Individuals About Nondiscrimination and Accessibility Requirements and

Sample Nondiscrimination Statement:

Discrimination is Against the Law

[Name of covered entity _____] tuân thủ luật dân quyền hiện hành của Liên bang và không phân biệt đối xử dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính. [Name of covered entity] không loại trừ mọi người hoặc đối xử với họ khác biệt vì chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính.

[Name of covered entity _____]:

- Cung cấp dịch vụ hỗ trợ miễn phí cho những người khuyết tật để giao tiếp với chúng tôi có hiệu quả, như:

- Thông dịch viên ngôn ngữ ký hiệu đủ năng lực
- Thông tin bằng văn bản ở các định dạng khác (chữ in lớn, âm thanh, định dạng điện tử có thể tiếp cận, các định dạng khác)

- Cung cấp miễn phí các dịch vụ ngôn ngữ cho những người có ngôn ngữ chính không phải là tiếng Anh, như:

- Thông dịch viên đủ năng lực
- Thông tin được trình bày bằng ngôn ngữ khác

Nếu bạn cần những dịch vụ này, hãy liên hệ [Name of Civil Rights Coordinator _____]

Nếu bạn tin rằng [Name of covered entity _____] không cung cấp những dịch vụ này hoặc phân biệt đối xử theo cách khác dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính, bạn có thể nộp đơn khiếu nại với: [Name and Title of Civil Rights Coordinator _____], [Mailing Address _____], [Telephone number _____], [TTY number—if covered entity has one _____], [Fax _____], [Email _____]. Bạn có thể trực tiếp nộp

đơn khiếu nại hoặc gửi qua đường bưu điện, chuyển fax, hoặc email. Nếu bạn cần trợ giúp nộp đơn khiếu nại, [Name and Title of Civil Rights Coordinator _____] sẵn sàng giúp bạn.

Bạn cũng có thể nộp đơn khiếu nại về dân quyền lên U.S. Department of Health and Human Services (Bộ Y Tế và Dịch Vụ Nhân Sinh Hoa Kỳ), Office for Civil Rights (Văn Phòng Dân Quyền) bằng hình thức điện tử qua Office for Civil Rights Complaint Portal, có trên trang

<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, hoặc qua đường bưu điện hoặc bằng điện thoại tại:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Các mẫu khiếu nại có trên trang <http://www.hhs.gov/ocr/office/file/index.html>.